



News from your Local Councillor

Cr Tracey Huges

Meet your neighbour

Please let me introduce you to your neighbour Johaan Kaa, his wife Pip and their three beautiful bubbly children.

In 2014, Johaan lost his hands and feet to meningococcal septicaemia and has since been rebuilding his life, becoming an inspiration as a public speaker addressing school and community groups with his message of **"No Hands, No Feet, No Excuses!"**.

Supporting Johaan in his dream for a bionic hand that will greatly improve his quality of life, the

community has come together and launched a major fundraising effort titled "Hands for Johaan".

If you, your community group or anyone you know are able to come on board and support Johaan, please know that every donation will be received with enormous appreciation.

Raffle prizes, cash, petrol or food vouchers and in-kind support for the family are all highly sought. If your group is holding a fundraiser, please consider Johaan as a worthy recipient. And if you need inspiration, I can recommend Johaan

as a keynote speaker. His inspirational and heartfelt message is truly motivating and extremely moving.

The "Hands for Johaan" campaign has a Facebook page where you can track how the fundraising is progressing as well as upcoming events. Please follow if you are on Facebook and share.

If you see Johaan out and about, stop and say g'day. He loves a chat and you will walk away smiling.

T. Huges.

Cr Tracey Huges
Division 8

Donations can be made to: "In Trust" Johaan Kaa (Commonwealth Bank, BSB 064-172, account 10789795).



INSPIRING: Johaan, Pip and family.

Catch up for a chat

August

Saturday 12th, 9-11am

Alexandra Hills Shopping Centre

Friday 18th, 3-4.30pm

Bluebell Street, Alexandra Hills Foodworks

Saturday 26th, 9-11am

Wellington Point Horizon Shopping Centre

September

Saturday 9th, 9-11am

Alexandra Hills Shopping Centre

Friday 15th, 3-4.30pm

Bluebell Street, CANCELLED - HOLIDAY

Saturday 23th, 9-11am

Horizon Shopping Centre CANCELLED - HOLIDAY

October

Saturday 7th, 9-11am

Alexandra Hills Shopping Centre

Friday 20th, 3-4.30pm

Bluebell Street, Alexandra Hills Foodworks

Saturday 21st, 9-11am

Wellington Point Horizon Shopping Centre

Supporting community

I have been thrilled to support a range of local organisations which contribute greatly to our community through the Councillor Small Grants Program. I am in awe of the amount of work these organisations do.

They include: U3A Redlands District Vintage Voices Singers \$200, COOEE Elders \$750, Muddies Cricket Club \$3000, Redlands Multi-Sports Club \$3000, Birkdale Baptist Church playground \$1000, Redlands Emergency Services Volunteer Association \$500, Redlands 4WD Club \$200, Alexandra Hills Community Garden \$955, Playgroup Queensland \$200, Alexandra Hills Men's Shed \$3000, Redland City Bands \$500, Yurara Junior Art Awards \$200, Redlands Rugby Club \$3000, Redlands Softball \$2601, Ormiston Scouts \$495 and The Cage Youth Foundation \$394.



HELPING HAND: Redlands Softball has been a worthy recipient of assistance.



Family space

The new park at Ludmilla Place in Alexandra Hills is proving popular with local families.

The park, which links to Dawson Road Nature Refuge, opened recently to provide a playground for youngsters as well as a place where parents could meet.

The project was driven by local mum Elise Cheenan and her neighbours who worked with Council to make it happen.

Spotlight on waste

I would like to share some tips to help us make simple changes to our shopping and recycling habits to reduce household waste. We can watch over coming weeks the impact that we can make to our budget bottom line and our environment.

The cost to Redlands to operate our transfer stations, as reported on the RedWaste Operating Statement 2017, is not much change from \$18 million.



Recycling and green bins

With the cooler weather upon us, it's a great time to start working in your gardens at home. We all need a way to manage increased waste in a manner which ensures the most economical, environmentally friendly and efficient disposal for green waste, recyclables and general waste. By exchanging your bins for Council's sustainability bin set you will reduce the amount of waste which goes to landfill through ensuring that any recyclables and green waste are repurposed.

Tips to reduce food bills

Aussies throw out up to 20 per cent of the food they buy – that's one out of every five bags of groceries!

Reducing your food waste means you won't be throwing away your hard-earned cash and it's better for the environment. Food waste is the biggest contributor to methane gas in landfill sites. Here are some tips:

Use a shopping list and meal planner: Buy only what you need to create the meals you've planned.

Shop the fridge and pantry first: Do you already have something hiding in the cupboard or fridge?

Learn how to transform your leftovers into marvellous meals: You might surprise yourself with what you can create with your leftovers.

Re-organise your fridge: Allocate an area for leftovers on the top shelf of the fridge, remembering the fresh produce in the crisper.

Set up a home compost bin or worm farm: This is a great way to keep food waste out of landfill.



Simple ways to avoid plastics

Plastic items and packaging are often associated with so many aspects of our lives. Some plastics can take up to 1000 years to decompose in landfills. They are made from a non-renewable resource and have the potential to harm wildlife.

Here are some easy steps you can take to avoid plastic:

Get yourself a quality reusable drink bottle: There are lots of glass, aluminum and steel water bottles to choose from.

Use your own shopping bags: Choose calico or hessian bags.

Alternatives to cling wrap: When storing your leftovers, try re-useable cotton, beeswax or silicone wraps.

Go shopping with a zero-waste mindset: Avoid excessive plastic packaging and individually wrapped items.

Say no to straws, cutlery and other single-use items: Ask yourself ... is it worth using it for five minutes when it's going to remain forever?

What should we do with soft plastics?

Council's IndigiScapes centre began recycling soft plastics through the Coles REDcycle program early in 2016 and, in just over 12 months, has recycled more than 90kg of soft plastics, which is equivalent to more than 22,000 plastic bags. It means plastic shopping bags, cling wrap, wrappers and ziplock bags have been kept out of landfill and given another life.

Council also has bought and installed the recycled plastic product in the shape of bollards and signage, found at various locations around the Redlands. This truly closes the loop on this plastic material and ensures the recycling process is sustainable.



Time for a cuppa

I would also like to highlight the best cuppa and bush tucker morning tea and lunch in Redland City, at our Tea Garden Café at Council's Redlands IndigiScapes Centre off Runnymede Road, Capalaba.

It's open seven days from 10am-3pm and has free entry and parking. You will be impressed, as well as having the opportunity to learn a little or a lot and buy a plant for \$2.50 to take home after a stroll around the amazing gardens.