

# IMPORTANT HEALTH INFORMATION



## March 2020

Redland City Council has activated plans to mitigate adverse impacts of the emerging COVID-19 outbreak, ensuring continuation of critical business and the health and safety of its customers, employees and the Redlands Coast community.

### Aged care facilities

Council has been liaising with aged care facilities and has advised that their staff should be adequately trained and understand the practices that need to be put in place for the management of disease outbreaks.

### Events and mass gatherings

Council is working with local event organisers to assist them following the Australian Government's direction to cancel static, non-essential mass gatherings of more than 500 people.

Redland Performing Arts Centre (RPAC) will close until Thursday 30 April 2020. RPAC box office employees are contacting patrons currently booked about rescheduling, refunding or crediting tickets.

A range of other community events have been cancelled, including the Easter Festival at Cleveland. See Council's website for the list.

## Local planning

Redland City Council's Business Continuation and Pandemic plans have been activated.

### How to avoid infection or spreading the virus

- Wash your hands regularly with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose and mouth.
- Stay at home if you are unwell.
- Practise social distancing, keeping 1.5m away from others.
- Cover your mouth or nose with your elbow when coughing or sneezing.
- Use disposable tissues and dispose of them in a bin.
- Regularly wipe down surfaces with disinfectant.
- Avoid contact with anyone showing adverse respiratory symptoms.
- Adhere to the Australian Government's 14-day self-isolation requirement if returning from overseas.

For health advice: [www.health.qld.gov.au](http://www.health.qld.gov.au)

For travel advice: [www.smartraveller.gov.au](http://www.smartraveller.gov.au)

# Novel Coronavirus

## What you need to know

Coronaviruses are a type of virus that can affect humans and animals. Some coronaviruses cause illnesses similar to the common cold and others cause more serious illnesses, including Severe Acute Respiratory Syndrome (SARS) and Middle East respiratory syndrome (MERS).

## What are the symptoms?



Fever



Cough



Fatigue



Sore throat



Shortness of breath

## How to stop it spreading



Wash your hands regularly



Cover your coughs and sneezes



Stay home if you're unwell

## Further information

If you are concerned visit your GP or contact 13 HEALTH



Queensland  
Government