



Nov / Dec 2008

Redlands Youth Network NEWS

Meeting News

NOVEMBER MEETING

Attendance:

Olivia Fisher, South East Alliance of General Practice; Cathy Paxton, Family Relationships Centre – Logan; Sue Seeto, Family Relationships Centre – Logan; Nick Wharton, Cleveland Baptist Church Youth; Amanda Pawley, Qld Health (Bayside Child & Youth Mental Health); Angela Brown, student; Ann Chandra, BoysTown; Kara Mansley, Redland City Council.

Apologies:

Debbie, MEGT Apprenticeship Centre; Sharon Reynolds, Open Minds; Anthony Peet, Qld Health; Dawn Stevens, Relationships Australia (Gambling Help Service); Andrew Green, The Smith Family; Andrew Laming MP, Federal Member for Bowman; Michelle Blain, Tufnell Residential & Community Care (TRACC); Wendy Ingram, Cleveland High; Peter Greasley, Young Carers Project; Nadine Jennings, Centrelink; Lynne Blighton, Dept of Communities; Byron Shreeve, Redland City Council; Fionnuala Murphy, Dept of Communities (Bayside Youth Justice); Linda Grieve, The Cage Youth Foundation.

DECEMBER MEETING

Attendance:

Amanda Pawley, Qld Health (Bayside Child & Youth Mental Health Services); Andrea Kendall, InSync; Andrew Green, The Smith Family; Christine Briggs, Skilling Bayside South; Olivia Fisher, South East Alliance of General Practice; Debbie Mansfield, MEGT Apprenticeship Centre; Kara Mansley, Redland City Council.

Apologies:

Kristi Field, Redland City Council; John English MP, State Member for Redlands; Nadine Jennings, Centrelink; Lynne Blighton, Dept of Communities; Anthony Peet, Qld Health; Deirdre Morrow, Young Workers Advisory Service.



Local News

CELEBRATE TWILIGHT!

To celebrate the movie release of Stephanie Meyers' *Twilight*, Redland Libraries are offering fans the chance to celebrate and win fabulous prizes using their knowledge of the series. Come dressed ready for Bella's prom - lucky door and best dressed prizes to be won and much more! For more information, call 3829 8305.

When: Thursday 18 December, 5.30 – 7.00pm

Where: Victoria Pt Library – upstairs meeting room

Cost: Free!

Ages: 13 years & over (under 18's require a completed medical form to book)

Bookings are **ESSENTIAL** and can be made at Council's Customer Service Centres at Cleveland or Capalaba.

Redland Libraries ENews

SUMMER HOLIDAYS

Want the ultimate summer vacation for 6-15 year olds? Scouts Queensland has a fun filled holiday program, and you can even stay overnight! Holiday programs are Child Care Benefit Approved even if your child is not a Scout. Cooking and mocktail workshops, crash mat relays, raft building, waterslide, pool volley ball, snorkelling, Sea World, Wet n Wild and city adventures on offer! For further details, call 3721 5747 or check out the website at: <http://schoolholidayadventures.scoutsqld.com.au>.

Michael Boehm, Scouts Qld

SCHOOL HOLIDAY FUN

This Summer, LINX Youth Space at Wynnum has heaps of great activities for young people, including cooking, sports, karaoke, excursions, and more, for either little or no cost. Activities are held on Mondays, Wednesdays and Fridays from Monday 5 until Friday 23 January. Please ring Emina or Rachael on 3393 4176 (extension 26) or email linx@babi.org.au to find out more. Under 18s will need to get a parent/guardian to sign the participant form. HURRY, places are limited and BABI will be closed from 24 December – 5 January!

Emina Ajanovic, BABI



JOIN THE CREW...

...The Plaza Advisory Crew (PAC) that is! If you know a young person aged between 12 and 25, that lives or hangs out in Redlands, and is keen to have a say in what's happening at the Redlands Youth Plaza in Capalaba, then encourage them to join the crew. Contact kara.mansley@redland.qld.gov.au or give Kara a call on 3829 8233 for more information!

Redland City Council flyer

CARE FOR KIDS IN CARE

Help a child in care have a happy Christmas – leave a gift under the Christmas tree at the Redlands Child Safety Service Centre (146 Bloomfield St Cleveland). All gifts will be distributed to children in care this Christmas. Call 3383 0750 for more information.

Julie Etchells, Dept of Child Safety

SHOW YOU CARE AT CHRISTMAS

Help UnitingCare reach their goal of collecting more than 150 000 gifts across Australia by donating an unwrapped gift (or gift card) for a child, young person or frail older person. Gifts will be distributed to local folk who would otherwise not receive anything this Christmas. Donate to UnitingCare's Christmas appeal at any Target store until 23 December. Early donations most appreciated!

Susan Denne, Blue Care Redlands

Conferences & Training**QUEENSLAND SHELTER CONFERENCE**

Queensland Shelter are holding their conference *Making Sense of the Big Picture: Pathways to Affordable Housing in Queensland* at the Hilton Hotel on 26 & 27 February 2009. Get the lowdown on the *White Paper* and the new *National Affordable Housing Agreement*.

Queensland Shelter will be closed from 23 December - 5 January, but any registrations received over that time will still receive the early bird special rate. See www.qshelter.asn.au for more.

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**AUSTRALIAN WINTER SCHOOL**

In 2009, Australian Winter School is on 25-27 May and will focus on *Integration: Research – Policy – Practice*. Each day will have a theme: Monday – alcohol & tobacco; Tuesday – challenges; and Wednesday – illicit drugs. The Alcohol & Drug Foundation Queensland are currently calling for abstracts. Further details at www.winterschool.info.

ADFQ brochure

ATTENTION MANAGEMENT COMMITTEES

The Gold Coast/Redlands Skill Development Network presents a *Management Committee Skills Workshop*.

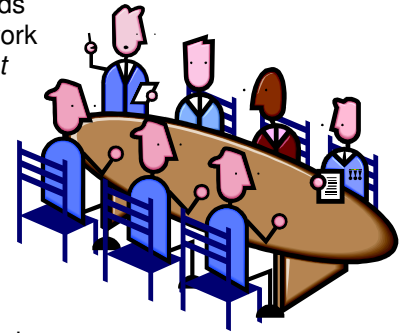
Date: Tuesday 17 March, 2009

Place: Housing Co-Op, 18 Welsby Street Dunwich, North Stradbroke Island

Cost: \$20 per person for target group (community organisations) which includes catering

The morning session (10am-12 noon) is aimed at NEW management committee members, while the afternoon (12.30-3.00pm) is for ALL management committee members. For more information about the course, please contact Anna on 3234 1680.

Anna Pretorius, Health & Community Services Workforce Council

**Information & Resources****NO INTEREST LOANS SCHEME**

The St Vincent de Paul Society offers a "hand up – not a handout" with the No Interest Loans Scheme, which helps people on a low income to purchase essential household items (ie whitegoods). To apply or find out more, please contact the St Vincent de Paul Brisbane Support Centre on 3217 3700.

St Vincent de Paul brochure

NEW TENANCY LAWS

Rent bidding will be banned under new tenancy laws which will come into effect mid next year. Rent increases will also be limited to six monthly, and the notice period to terminate a tenancy at the end of a fixed term without grounds has increased from two weeks to two months. The laws will also require university on-campus accommodation providers to lodge bonds with the Residential Tenancies Association. Find out more at www.rta.qld.gov.au.

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YOUNG MUMS GET TOGETHER

The Young Parents Program will host a Young Mums lunch & forum in Brisbane on 5 March 2009 to coincide with International Women's Day. Key decision makers such as politicians, government agencies, and community workers - as well as young mums – are invited. Interested? Call Shirley Pepler on 3357 9944.

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AFFORDABLE HOUSING AGREEMENT

A new National Affordable Housing Agreement (NAHA) will commence on 1 January 2009, providing \$800 million over five years to tackle homelessness. The NAHA will be funded jointly by the Commonwealth and the States, and will include:

- \$1.94 billion over 10 years to improve the quality of Indigenous housing and tackle overcrowding in remote communities;
- \$400 million over two years for social housing as a down payment on longer term reforms.

The NAHA also sets numerous goals such as halving homelessness by 2020. Find out more at www.coag.gov.au/coag_meeting_outcomes/2008-11-29/docs/communique_20081129.pdf.

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SUICIDE & SELF HARM RESOURCES

Three online suicide and self-harm prevention resources are now available at the Department of Communities website. Check them out at: www.communities.qld.gov.au/community/suicide%5Fprevention/resources/.

Rachael Uhr, LGAQ

FINANCIAL FIRST AID ON THE PHONE

Lifeline Community Care has launched a telephone counselling service offering financial first aid. The new confidential and free helpline (13 11 51) operates from 4-8pm Monday to Thursday. If you cannot meet service demand in your local area please refer to this line as a secondary option. For further information please contact Jillian Fletcher on 0409 223 237.

Chris Chicoteau, Lifeline Brisbane

STREET SWAGS

Founded in 2005 by a Brisbane school teacher, Street Swags are practical, portable, waterproof and cheap. Most importantly, they don't look like bedding when being carried, which helps to preserve the dignity of users. Street Swags is a not-for-profit organisation that relies on donations from the public to keep assisting the homeless. Go to www.streetswags.org for more.

YANQ

FREE ADMIN HELP!

Would you like a **free** pair of admin hands? The hunt is on for not for profit, community organisations willing to host a placement for the 15 week administration work project starting in March 2009. That's right – you get administrative help, at no cost to your organisation, 4 days per week for 15 weeks! Don't miss out – call Janey on 3347 9000 or drop her a line at j.kyle-scott@civicsolutions.com.au.

Janey Kyle-Scott, Civic Solutions

WHAT ABOUT A FREE GUEST SPEAKER?

Janey from Civic Solutions is happy to come and talk to your organisation, volunteers or staff about how they can work with you to improve client outcomes. Interested? Call Janey on 3347 9000 or email j.kyle-scott@civicsolutions.com.au.

Janey Kyle-Scott, Civic Solutions

SUPPORT FOR PARENTS OF LGBT

Parents and family members may feel confused and need information and support too, when their child declares that they are lesbian, gay, bisexual or transgender (LGBT). Parents and Friends Of Lesbians and Gays (PFLAG) will host an informal get-together to allow families to meet and talk with others in similar situations.

When: Saturday 7 February, 1-4pm**Where:** 30 Helen Street, NewsteadCall 0409 363 335 or pflagbris@hotmail.com.

Anthony Peet, Qld Health

FOR THE BOOKSHELF

Two new books of interest to youth workers:

- *Youth Health and Welfare* by Johanna Wynn which offers a lively, research-based and critical approach to young people's health and wellbeing, drawing on the latest Australian and international research. For details visit <http://tinyurl.com/5n35k3>.
- *Young People Making a Life* by Ani Wierenga follows a group of young people for 12 years. This longitudinal study uncovers insider insights and examines how young people establish meaning, livelihood and connectedness. See <http://tinyurl.com/6lvvd> to find out more.



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Youth Opportunities**REDLANDS GETS RYPE!**

RYPE (Redlands Youth Press Editorial) is a NEW free magazine being produced by youth, for youth, right here in the Redlands – and the first issue is out now! Great opportunities for young people in the Redlands to contribute their talents – writers, photographers, artists, cartoonists, fashion and music gurus, film buffs, poets and party people are all needed! Find out more or grab a copy by visiting www.myspace.com/rypeintheredlands, emailing ry.pe@live.clom, or calling Elisha on 0403 848 842.

RYPE poster



OVERSEAS AID

Aged 18-30, and keen to live, work and make a difference overseas? Come along to an information session to find out how you can get that much-needed overseas experience with AusAID's Australian Youth Ambassadors for Development Program

When: 19 January 2009, 6:30-8.00pm

Where: Australian Institute of Management,
Cnr Boundary & Rosa Sts, Spring Hill

Freecall 1800 225 592 to find out more or go to

www.ayad.com.au/aspx/info_sessions.aspx.

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YOUTH ENTREPRENEURSHIP CAMP

UPLOAD is a camp for young people considering their options - life, love, work, the whole catastrophe. This live-in intensive program offers young people (from secondary school age to 25 years) the chance to explore pathways to success. UPLOAD is a one-week full-time residential program which will solely occupy the stunning Glasshouse Mountains Eco-Lodge, mid-way between Brisbane and the Sunshine Coast. The program is supervised by professional staff, two of them registered teachers and certified workplace trainer-assessors, and will be safe, respectful, and drug and alcohol free. The camp will be held from Monday 12 – Friday 16 January 2009, and is a joint initiative of Edgware Creative Entrepreneurship and Sunshine Coast Institute of TAFE. To find out more, email info@edgware.com.au or go to www.edgware.com.au/upload.htm.

Rachael Uhr, LGAQ

Grants & Funding**YOUTH ALCOHOL AND DRUG SERVICES**

Queensland Health invites offers from government and non-government agencies and consortiums, for the supply of youth specific alcohol and drug treatment services to young people (12-24). To find out more about this tender for funding, please visit <http://tinyurl.com/5adjdf>.

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Research & Reports**EXERCISE TO REDUCE ANGER**

The November issue of the Pediatric Exercise Science journal reports that regular exercise reduces anger expression in overweight but otherwise healthy children. For the full story, visit:

www.mentalhealth.org.uk/information/news/?entryid17=66028.

Auseinet Alert

CHILDHOOD OBESITY STUDY

QUT is planning to investigate issues related to childhood obesity and physical activity in the near future. Children aged 6-12 (normal to overweight); 10 – 16 year olds (overweight only), and 13-16 year olds (normal to overweight) will be required for the study. If you know of schools and/or people that would be interested in participating, please contact Sarah Shultz at spschultz127@yahoo.com.

Chris Chicoteau, Lifeline

AUSSIE POPULATION SNAPSHOT

Want to know how many Aussies speak Cantonese? How many Indigenous Australians there are?

Answers to these questions and more are in the 2008 edition of *Face the Facts* from the Australian Human Rights commission. Details at:

www.yanq.org.au/index.php?option=com_content&task=view&id=1433.

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PREVENT CHILD ABUSE & NEGLECT

A new report on child abuse and neglect estimates the financial cost at 10 times that of obesity. The figures include the costs associated with protecting and caring for child victims of abuse (eg health officials, emergency services, legal aid and foster carers), as well as responding to crime associated with child abuse and neglect, additional government expenditure on educational assistance for victims, poorer long-term labour market outcomes and an estimate of the total cost of the pain and suffering experienced by victims of abuse. Full story at:

http://stopchildabuse.com.au/pdf/Access%20Economic%20Report_Exec%20Summary_FINAL.pdf.

Rachael Uhr, LGAQ

VIOLENT IMPACT

An assault on our future: The impact of violence on young people and their relationships is a new report which examines how violence against women affects children and young people, as well as considering strategies for prevention. Read it at: www.whiteribbonday.org.au/media/documents/AssaultonourFutureFinal.pdf.

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YOUNG AUSSIES SURVEYED

This year, 45,558 young people aged 11-24 took part in Mission Australia's National Survey of Young Australians. The executive summary outlines the survey's demographic information, key questions, what young people value, issues of concern to them, where young people go for advice and support, whom they admire and their key issues of concern. Read more at <http://tinyurl.com/693t75>.

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INDIGENOUS AUSTRALIANS

According to the report *Lives of Diversity: Indigenous Australia*, the national picture is one of difference between the lives of Indigenous and non-Indigenous Australians across nearly all the Census dimensions. The Indigenous population is significantly younger and growing at a faster rate. This is the second in a series of essays based on data from the ABS 2006 Census. See www.assa.edu.au/Publications/OP/op42008.pdf.

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HIGH SUICIDE RISK

Open Doors surveyed 164 lesbian, gay and bisexual (LGB) students across the state, and found that:

- around 2/3 felt unsafe at school;
- 37% said they had attempted suicide in the last 12 months;
- 82% were considering taking their own life.

More information on this survey is available at: <http://tinyurl.com/4ndyhp>.

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COMPUTER GAMES TO ENGAGE

Residents of Tibbington Estate in the UK suffer multiple deprivation. Sandwell Metropolitan Borough Council is using a computer simulation to involve local young people in the regeneration of their area. The computer game comprises a realistic, 3D "virtual reality" version of an open space in the centre of the estate.

Young people use their gaming skills to alter the space, thus demonstrating their ideas & providing information to the Council to aid in the planning process. For further information, go to www.idea.gov.uk/idk/core/page.do?pagelId=8987381.

Rachael Uhr, LGAQ



DRUG & ALCOHOL ISSUES

Community service organisations operating a range of programs around issues such as homelessness, unemployment, under-achievement at school, crime, family breakdown, financial problems and mental health problems will inevitably encounter ATOD issues among their clients. This research quantifies the extent to which community workers in Tasmania, outside the specialist ATOD sector, work with clients who have substance use issues. See www.anglicare-tas.org.au/index.php?option=com_docman&task=docview&qid=424&Itemid=81 to find out more.

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SCHOOL NON-COMPLETERS

The Australian Council for Educational Research has investigated what happens to young people who don't finish school. Reports often focus on Year 12 completion rates, whereas this study followed those who left school before completing Year 12, and found many go on to study in different settings such as TAFE or apprenticeships. More at: www.apo.org.au/linkboard/results.shtml?filename_num=239367.

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TEEN MUMS & WELFARE

This study examines whether the factors that determine the welfare participation of women who experienced teenage motherhood differ from the factors that determine the welfare participation of women who had their first child at an older age. *The dynamics of welfare participation among women who experienced teenage motherhood in Australia* examines these factors across the lifetimes of both groups of women. Further details available at www.melbourneinstitute.com/wp/wp2008n22.pdf.

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COMMUNITY HOUSING TENANTS

The Australian Institute of Health and Welfare has released *Community housing tenants: results from the 2007 National Social Housing Survey*, a report which analyses the diversity of community housing tenants and households, their workforce participation, main sources of income, tenant pathways and future expectations. More at: www.aihw.gov.au/publications/index.cfm/title/10652.

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INSIDE ANOREXIA

Anorexia affects many more than just the patient, according to new research from the University of Western Sydney – it can have a long term impact on the physical, social, and psychological well-being of the entire family. This is one of the findings in a new book, *Inside Anorexia: The experiences of girls and their families*. Check it out at:

http://pubapps.uws.edu.au/news/index.php?act=vie w&story_id=2155.

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EMPLOYABILITY OF SENIOR STUDENTS

Recently the Australian Council for Educational Research undertook a study of the most effective ways of assessing and reporting on the employability skills of senior secondary students, identifying six key approaches. Read more at: www.dest.gov.au/NR/rdonlyres/A4FE9374-B961-4583-ACA7-EA33936F67C3/24104/FINALReport.pdf.

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TV SEX & TEEN PREGANANCY

According to new research from the US, teens who watch sexy programs have an increased risk of early pregnancy, while children who play violent video games are more likely to adopt aggressive behaviour. The researchers recruited adolescents (12-17) and surveyed them three times between 2001 and 2004, about television viewing habits, sexual behaviour and pregnancy. Read more online at:
www.news.com.au/story/0,27574,24592885-23109,00.html.

www.news.com.au

Next RYN Meeting

(TO BE CONFIRMED)

DAY: Monday 19 January

TIME: 3 to 4.30pm

PLACE: Redland Community Centre
29 Loraine Street Capalaba

RSVP: janet.camilleri@redland.qld.gov.au or
phone 3829 8489

Seasons
Greetings ... 

from your newsletter editor Janet Camilleri,
Youth Development Officer Kara Mansley,
and the rest of the Redland City Council
Community Development Team!

