

July 2008

# Redlands Youth Network NEWS

## Meeting News

### ATTENDANCE:

Byron Shreeve, Redland City Council (RCC); Kara Mansley, RCC; Ashley Baxter, Bay Islands Community Services (BICS); Robyn Scott, BICS; Robyn Callander, BICS; George Gilbert, BoysTown Mentor One volunteer; Nadine Jennings, Centrelink; Greg Mayes, Dept of Employment & Industrial Relations; Kara Ramsey, BoysTown; Lynne Blighton, Dept of Communities; Megan Johnston, Youth Insearch; Paul Glass, Silky Oaks Children's Haven; Anthony Peet, Queensland Health.

### APOLOGIES:

Olivia Fisher, SEAGP; Kristi Field, RCC Libraries; Maree Rose, Carmel College; Finn Murphy, Bayside Youth Justice.

## Local News

### LOUD AT THE LIBRARY

FREE event for teenagers aged 13-17 ... this month Loud at the Library will feature a Bouncy Boxing Challenge! It's all happening from 6-8pm on Friday 8 August at Victoria Point Library. No pass-outs on the night; parent or guardian must pick up teenagers at 8pm. Please contact 3884 4000 for enquiries.

*RCC Website*

### NEW BIKE SKILLS CIRCUIT

Did you know ... a new training circuit has opened at Hilliards Park Drive, Wellington Point. The circuit gives a taste of mountain terrain to help riders improve off-road cycling skills such as braking, climbing and descending. There are eight trails, three for intermediate and five for advanced riders.

*Bayside Bulletin*

### REDLANDS YOUTH DVD

The folk at In-Sync are keen to produce a DVD to promote local social services, for the youth of the Redlands, by the youth of the Redlands. If your service or organisation is interested, come along to a meeting at 2pm on Monday 25 August. To RSVP or register your interest, please contact Justin by 4 August on 3286 8555 or [jcrawford@spiritus.org.au](mailto:jcrawford@spiritus.org.au)

*Justin Crawford, In-Sync*

### AMAZING REDLANDS WOMEN!

Do you know an amazing young (or older!) woman, making a difference in the Redlands? Nominate that special gal for the Women Making a Difference Awards! The Awards are an initiative of the Redlands Women's Information Network (RWIN) and nominations close 26 September. Forms available from [tranterjp@bigpond.com](mailto:tranterjp@bigpond.com) or call Pam on 0408 550 435.

*Pam Tranter, RWIN*

### NEW KID ON THE BLOCK

Introducing Kara Mansley, Council's new Youth Development Officer. Here's 5 fascinating facts to help you get to know Kara:

1. She is addicted to chocolate!
2. Her first car was a Datsun 200B
3. Her fave colour is black
4. She was born in Wewak, PNG
5. She has represented NSW in high jump (Yes, even though she's only 5' 3")!

Kara can be contacted on 3829 8233 or [kara.mansley@redland.qld.gov.au](mailto:kara.mansley@redland.qld.gov.au)

*Janet Camilleri, RCC*

### MEET THE TEAM ...



**Community Development Team July 2008 (L to R):** Shane Smith (Community Safety Officer); Karen Finlay (Community Development Officer: Seniors); Pamela Doherty (Coordinator Community Development); Byron Shreeve (Community Programs Officer); Janet Camilleri (Administration Officer); Letitia Bouloukos (Community Resource Officer); and Kara Mansley (Youth Development Officer). Photo by Ti Lian-Siew, Redland City Council.

**RIBS PROJECT**

Introducing the *Resiliency in Bayside Schools* (RIBS) project, which aims to improve youth mental health and wellbeing. Schools will be supported to create wellness teams, and identify areas of need and training priorities. Further along the line a RIBS website will be launched with info about local organisations and services etc. If your school is interested, Olivia Fisher is the Project Officer for the Redlands, and is based at the South East Alliance of General Practice (SEAGP) office at Capalaba. Call Olivia on 3390 2466 or email [ofisher@seagp.org.au](mailto:ofisher@seagp.org.au).  
*RIBS brochure*

**Youth Opportunities****SCHOLARSHIP FUNDING**

The *Seize the Day Study Awards* are open to all young Queenslanders aged 16-21, who have had a personal experience with cancer (either themselves or with a close family member), and will be doing post-secondary education next year. The scholarship may be used to pay for fees, accommodation, textbooks or stationery. Find out more at [www.cancerqld.org.au/whatson](http://www.cancerqld.org.au/whatson), or call The Cancer Helpline on 13 11 20.

*Tanya Warriner, Qld Health*

**CALLING ALL ARTISTS!**

The Commonwealth Respite and Carelink Centre South Brisbane are holding an art competition, to culminate with an exhibition during Carers Week on 20-24 October. The winning art work/s may be used for promotional postcards about Carer services. Entries closes on 3 October; call the Commonwealth Respite and Carelink Centre South Brisbane on 1800 052 222 or 3274 3655 to find out more.

*Margot Lewis, FSG Australia*

**GET SNAP HAPPY**

Our Community and Australia Post are working together to build up a gallery of photos that show the full extent of Australia's communities, and the people who work with them. Cash prizes for the most popular photo, and also the photo that best exemplifies the work of Australian community. Comp closes on October 22, but photos will remain on the Photo Bank indefinitely. Find out more, and check out the existing photos at:

[www.ourcommunity.com.au/photobank](http://www.ourcommunity.com.au/photobank).

[www.ourcommunity.com.au](http://www.ourcommunity.com.au)

**RUMBLE DANCE COMP & CLASSES**

Bust a move on Saturday 9 August from 10am – 5pm at the Suncorp Piazza, Southbank. \$5000 of cash and prizes up for grabs! Categories include hip hop, krump, poppin n locking and more - adults \$15 (+ booking fee); under 12s \$13 (+ booking fee); under 5s free. See [www.rumbledancecomp.com.au](http://www.rumbledancecomp.com.au) for details. The fun continues on Sunday 10 August with the Rumble Boot Camp to be held at the Industrie One dance studio, 18/229 Junction Road Morningside, where you can learn 6 different dance styles in one day! Call Kylie on 3899 8411 or [promotions@industrieone.com.au](mailto:promotions@industrieone.com.au) to find out more.

*Courtney Gillott, Logan City Council*

**CREATIVE COMP**

*Your Eyes Only* is a creative comp for 12-15 year olds that benefits the community! Young people are invited to submit a creative piece of work that shows the positive things about their community through their eyes. Winners receive a donation of up to \$3000 for the community group of their choice. See <http://tinyurl.com/68ej2p> or call (03) 9670 5436 for further details.

YANQ

**SHORT STORY COMP**

Announcing the 2007 Mental Health Week Short Story Competition - *Be Mind Wise - Everybody's Life is a Hero's Journey*. First prize in each category (primary school, high school, adult) is \$500, 2<sup>nd</sup> prize is \$200. Entries close on 29 August. See [www.mentalhealth.org.au](http://www.mentalhealth.org.au) to find out more.

*Bev Muir, Mental Health Association (Qld) Inc*

**IN REEL LIFE**

The Reelife Short Film Festival is a platform for young people (25 and under) to tell their stories and communicate their thoughts on issues that are important to them. All genres and styles accepted. Hurry, entries close on 10 August! Reelife will be screened in Sydney on 26 September 2008.

YANQ

**MY STREET COMP**

ABC Radio National is holding a competition to unearth some great stories about Australian communities, as part of its *Street Stories* program. Tell the tale of your street using your mobile phone, MP3 player, video, digital camera, or in writing. Entries will be uploaded onto the Radio National website and the winner will have the opportunity to work with a professional to produce a radio story about their street. Closes November 7; check out: [www.abc.net.au/rn/streetstories/features/mystreet](http://www.abc.net.au/rn/streetstories/features/mystreet).

[www.ourcommunity.com.au](http://www.ourcommunity.com.au)



## Grants & Funding

### TACKLING BINGE DRINKING

As part of the National Binge Drinking Strategy, the Department of Health and Ageing is offering funding for projects focusing on the prevention and reduction of binge drinking by young people, particularly in the 12-24 age group. An upper limit of \$150,000 plus GST (per grant) for up to two years has been set for individual project proposals. For organisations wishing to collaborate and submit a combined proposal, an upper limit of \$250,000 plus GST (per grant) for up to two years has been set for each combined project proposal. Applications close 5pm, 11 August 2008; see <http://tinyurl.com/56rkny>.

YANQ

## Information & Resources

### YOUTH INSEARCH CAMP

Youth Insearch is a unique camp-based organisation for young people aged 12-18 years, who come from varying social and cultural backgrounds. It is an emotion-based camp whereby teenage issues such as communication, trust, bullying, family relationships, drug & alcohol, grief & loss, and abuse are discussed throughout the weekend, and young people are empowered to make changes in their lives. The next camp will be held on 5-7 September at Kindilan in Redland Bay. Application forms are due in by the 15 August. Please contact Megan on 0404 861 345 or [megan@youthinsearch.org.au](mailto:megan@youthinsearch.org.au), for more information.

*Megan Johnston, Youth Insearch*

### CATCH UP ON COMMUNITIES IN CONTROL

Missed the 2008 Communities in Control Conference which was held in Melbourne last month? All speeches and presentations from the conference are now available for free download at [www.ourcommunity.com.au/cic2008](http://www.ourcommunity.com.au/cic2008).

[www.ourcommunity.com.au](http://www.ourcommunity.com.au)

### NZ YOUTH

If your service is seeking assistance (or has recently sought assistance) for young people originally from New Zealand, who are independent and seeking social security, then please call David from the Youth Affairs Network of Queensland (YANQ). YANQ has been made aware of some barriers presenting to these young people and can help! Call David on 3844 7713 or [ndo@yanq.org.au](mailto:ndo@yanq.org.au).

*David Powell, YANQ*

## HEALTHY LANGUAGES

Queensland Health has produced fact sheets explaining the Queensland Health System in 17 different languages. Topics covered include:

- Seeing a doctor
- Medicines
- Queensland hospitals
- Community health centres
- Dental services
- Health and support services for specific groups



The fact sheets have been produced in Amharic, Arabic, Burmese, Chinese, Croatian, Dari, Dinka, English, French, Japanese, Khmer, Samoan, Spanish, Swahili, Tagalog, Thai and Vietnamese. Fact sheets in languages of new and emerging communities will be printed and distributed at a later date by Queensland Refugee Health Service. A limited number of audio CD's have also been developed for some communities. The fact sheets can be downloaded at:

[www.health.qld.gov.au/multicultural/public/hlth\\_syst\\_serv.asp](http://www.health.qld.gov.au/multicultural/public/hlth_syst_serv.asp).

QCOSS

### NATIONAL CHILD PROTECTION WEEK

NAPCAN (the National Association for Prevention of Child Abuse and Neglect) now has information kits for Child Protection Week (7-13 September) available. To find out more, visit:

[www.amedia.net.au/napcan/childrenee](http://www.amedia.net.au/napcan/childrenee).

*Auseinet Alert*

### DISABILITY? CHRONIC ILLNESS?

Young people aged 10-18 years with a chronic illness or disability can use the new Livewire website to make new friends, catch the chat events and guests in the chat room, contribute to forums and check out the latest music, movies, TV and sport news, plus interviews and games. The website is a closed community with chat hosts available from noon to 8pm daily, in order to oversee the proceedings, support newcomers, and ensure a fun and safe environment. Members are divided by age into different sites (10-12, 13-15, 16-18), with age-appropriate content in each. Every application is authorised with written parental consent and proof of identity. Livewire is run by the Starlight Foundation; you can check it out at [www.livewire.org.au](http://www.livewire.org.au).

YANQ



## Research & Reports

### TEEN GIRLS AND MENTAL HEALTH

From the UK comes *Teenage Mental Health: Girls Shout Out!*, an investigation into girls' experiences of hard-to-manage feelings and recognised mental health problems. The report considers "new" potential triggers – premature sexualisation, commercialisation and alcohol misuse – and also some of the more longstanding issues like bullying and family breakdown. Read more at:

[www.mentalhealth.org.uk/publications/?EntryId5=62067](http://www.mentalhealth.org.uk/publications/?EntryId5=62067).

*Auseinet Alert*

### SPREAD THE MESSAGE, NOT STDS

The Key Centre for Women's Health in Society has released a report entitled *Making it Real: Sexual Health Communication for Young People Living with Disadvantage*, to assist in delivering public health messages that work! The report can be downloaded from <http://tinyurl.com/5sqq2t>.

YANQ

### YOUNG PEOPLE, CULTURE & ALCOHOL

*Young People and Alcohol: the Role of Cultural Influences* is a new report from the National Centre for Education and Training on Addiction (NCETA). It comprises a comprehensive literature review addressing a wide range of social and cultural factors that potentially impact on young Australians aged 14-24 in relation to their use and nonuse of alcohol. To read more, please visit:

[www.nceta.flinders.edu.au/documents/Young\\_People\\_and\\_Alcohol\\_report.pdf](http://www.nceta.flinders.edu.au/documents/Young_People_and_Alcohol_report.pdf).

YANQ

### VOCATIONAL PATHWAYS

According to the report *Complex Not Simple: The vocational education and training pathway from welfare to work*, vocational education and training (VET) can play a positive role, but that there needs to be collaboration between VET and income support sectors to ensure that any potential barriers are overcome. To read further, please visit:

[www.ncver.edu.au/publications/1987.html](http://www.ncver.edu.au/publications/1987.html).

YANQ

### SUICIDE PREVENTION REPORT

*Living is for Everyone: Research & Evidence in Suicide Prevention* looks at suicide prevention activity, current research, statistics, risk factors, trends and comparisons as well as a discussion of the Living Is For Everyone (LIFE) model. Read it online at <http://tinyurl.com/6p3jvu>.

YANQ

### DRUG TESTING IN SCHOOLS

According to a recent report from the National Centre for Education and Training on Addiction, there is a strong case to be made against drug detection and screening strategies in the school setting. Full details at: <http://tinyurl.com/5b5dua>.

YANQ

### UNDERAGE DRINKING STEREOTYPE

Challenging the stereotype of underage drinking is the goal of this article by Clarissa Hughes in the July edition of *Of Substance*. The article explores a social norms approach to supporting young people to make healthy choices about alcohol - by affirming the fact that most young people are already making healthy choices about alcohol. You can read *Youth and Alcohol: Challenging the Stereotype* at [www.ofsubstance.org.au/archive/pdf/ofsubstance\\_2008\\_7.pdf](http://www.ofsubstance.org.au/archive/pdf/ofsubstance_2008_7.pdf).

YANQ

### KEY TO HOMELESSNESS

A new generation of children is at risks of becoming socially excluded and even homeless unless urgent action is taken to tackle poor and abusive parenting head on, according to the report *The Seeds of Exclusion* from the Salvation Army. Based on in-depth interviews with nearly 450 people currently receiving help in its homeless centres across the UK, the report found that a very high proportion of those surveyed had a disruptive childhood, with nearly 30% homeless before they were 18. The report highlights the need to look beyond today's adult homeless person to the child whose upbringing has left them vulnerable and less able to cope in adulthood, and that supporting families at risk now, will help prevent future problems.

[www.acctv.com.au](http://www.acctv.com.au)

### TEEN AGGRESSION

According to *ABC-Science Online*, teen emotions develop much faster than the parts of the brain that manage those emotions. The findings should be some comfort to parents trying to understand why their once-cheerful children suddenly become sulky, over-sensitive teens. This lag is usually resolved as the brain finishes developing in the mid-20s!

[www.abc.net.au/news/stories/2008/02/26/2172506.htm](http://www.abc.net.au/news/stories/2008/02/26/2172506.htm).

*Auseinet Alert*

### FAMILIES AND ALCOHOL

The role of families in preventing alcohol-related harm among young people is the focus of a new report from the Drug Info Clearinghouse. More at [http://druginfo.adf.org.au/downloads/Prevention\\_Research\\_Quarterly/IP\\_08Jun\\_youngpeople.pdf](http://druginfo.adf.org.au/downloads/Prevention_Research_Quarterly/IP_08Jun_youngpeople.pdf)

QCOSS



### BEHIND YOUTH CRIME

Analyses of police crime statistics from four states show violent crime by young people is on the rise, with marked increases in offences committed by girls and by children of both sexes under 14. According to *The Australian* this may be blamed on a combination of alcohol abuse and the impact of websites such as Facebook and YouTube, which all generate competition and encourage young people to look at ways of gaining status. Read more at: [www.theaustralian.news.com.au/story/0,25197,23985618-2702,00.html](http://www.theaustralian.news.com.au/story/0,25197,23985618-2702,00.html).

[www.news.com.au](http://www.news.com.au)

## Conferences & Training

### DRUG & ALCOHOL CONFERENCE

The Australasian Professional Society on Alcohol and other Drugs Conference will be held on 23–26 November, at the Sydney Convention and Exhibition Centre. For details, contact ICMS on 3307 4000 or email [apsad2008@icms.com.au](mailto:apsad2008@icms.com.au).

*PS News*

### COMMUNITY DEVELOPMENT TRAINING

The Gold Coast/Redlands Skills Development Network presents *From Private Concern to Collective Public Action: A community development process*. This four day course will explore how to enhance your practice through the application of a Community Development (capacity building) approach to social change. The course will be broken into three parts:

**4 & 5 September** - Ordering a Community Development Process

**6 November** - Reflecting on Practice through the micro method

**7 November** - Structuring a Community Development Process

Registration closes on 14 August. For information on cost, or to obtain a registration form, please contact the ISD project team on 3234 0190.

*Karen O'Donohue, In Sync*

### COUNSELLING SKILLS SHOWCASE

Brush up your counselling skills at this joint initiative of the Brisbane, Ipswich/Logan, and Gold Coast / Redlands Skill Development networks.

**When:** 9.30am-4.30pm, Friday 19 September

**Where:** Robertson Gardens Function Centre, 281 Kessels Road, Robertson.

Call 3234 0402 or fax 3234 0474 for more information or for a registration form. Cost is \$25 for ISD target group, \$50 for non-target group.

*Karen O'Donohue, In Sync*

### HIV & MENTAL HEALTH SEMINAR

This seminar is aimed at health care professionals and others familiar with HIV, but wanting further education on the mental implications for those living with HIV. The day will begin with a breakfast meeting, ideal for those unable to make the full day seminar but who are still interested in this topic. There is currently a fee for this seminar however the HIV & HCV Education Projects have applied for funding to cover all costs associated with staging these seminars. The probability of this funding being made available by September is slim, however if this funding is approved participants will not be charged for the day. Cost is \$154 for full day, breakfast \$27.50 – or full day & brekky still only \$154! Call 3346 4749 or fax 3346 4757 for more.

*Anthony Peet, Qld Health*

### REFUGEE HEALTH CARE

The Queensland Integrated Refugee Community Health Clinic (QIRCH) will host a national refugee primary health care conference on 27 & 28 November. Find out more at:

[www.materonline.org.au/Home/Events/Queensland-Integrated-Refugee-Community-Health-Cli.aspx](http://www.materonline.org.au/Home/Events/Queensland-Integrated-Refugee-Community-Health-Cli.aspx)

*Anthony Peet, Qld Health*

### ADOLESCENT HEALTH CONFERENCE

Whether it's medical imaging, social networking or online learning, the Australian & New Zealand Adolescent Health Conference will be the place to share knowledge and experience across professions, disciplines and sectors. The conference will be held at Melbourne University from 5-7 November. For more, please visit:

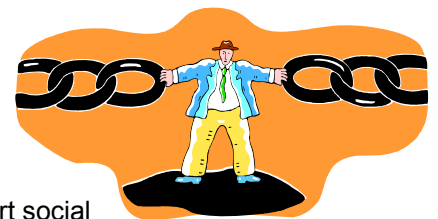
[www.adolescenthealth08.com/index.php](http://www.adolescenthealth08.com/index.php).

*Rachael Uhr, LGAQ*

### MAKING LINKS

From 11-13 November 2008, the Making Links conference will focus on how technology can enhance and support social inclusion. To be held in Melbourne, the conference will include practical sessions and networking opportunities for workers and volunteers in community organisations who work with and/or are interested in web development, multimedia, Web 2.0 and mobile technology. For further information, contact Jill Sergeant on (02) 8568 1106 or visit [www.makinglinks.org.au](http://www.makinglinks.org.au).

*Auseinet Alert*



**SUPPORT YOUNG CARERS**

Do you know how to identify and support unpaid family carers under the age of 25? Carers Queensland is holding a FREE workshop to develop your knowledge and skills in this area.

**When:** 10am-1pm, Friday 12 September

**Where:** Kingston Butter Factory, Milky Way Lane, Kingston

To register please call 1800 242 636 or email [ldoherty@carersqld.asn.au](mailto:ldoherty@carersqld.asn.au). A light lunch will be provided.

[www.carersqld.asn.au](http://www.carersqld.asn.au)

**MULTICULTURAL HEALTH FESTIVAL**

Free food, entertainment, arts and crafts, face painting, vision and hearing checks, and plenty more at the Multicultural Health Festival to be held from 10am–2pm on Saturday 9 August. It's all happening at QEII Jubilee Hospital, cnr Kessels and Troughton Roads Coopers Plains.

*Multicultural Health Festival poster*

**Next RYN Meeting**

**DAY:** Monday 18 August  
**TIME:** 3 to 4.30pm  
**PLACE:** Redland Community Centre,  
29 Loraine Street, Capalaba  
**RSVP:** [janet.camilleri@redland.qld.gov.au](mailto:janet.camilleri@redland.qld.gov.au) or  
phone 3829 8489

**I've never understood why people consider youth a time of freedom and joy. It's probably because they have forgotten their own.**

**Margaret Atwood**

