



January 2009

Redlands Youth Network NEWS

Meeting News

ATTENDANCE:

Amanda Pawley, Qld Health; Amanda Dean, Qld Association for Healthy Communities; Sharon Reynolds, Open Minds; Chrissie Stephens, Rotary Club of Redlands Bayside; Anthony Peet, Qld Health; Megan Brown, Save the Children; Michele MacNamara, BABI Youth & Family Services; Kara Mansley, Redland City Council.

APOLOGIES

Peter Greasley, FSG Australia; Bea Del Rosario, Life Without Barriers; Michelle Blain, Tufnell Residential & Community Care; Deirdre Morrow, Young Workers Advisory Service; Rebecca Tidey, GTP Training & Consultancy; Gabrielle Tidey-Passlow, GTP Training & Consultancy.

Local News

YOUTH PHOTO COMP

Attention young Redlands residents, aged 13-18! Snap a photo that tells a short story about your world in the Redlands, to enter the Lens Fiction 09 photo comp! First prize is an \$800 Photo Continental gift voucher; 2nd prize - \$300 voucher, 3rd prize - \$200 voucher, and there is also a \$100 voucher for Highly Commended. Entries close 16 February, and short listed entries will be exhibited at the Redlands Art Gallery Capalaba from 7 March.



Lens Fiction brochure

YOURTUTOR ONLINE

Yourtutor is a free, live, online homework-help service for Years 4-12, available Monday to Friday, 4-8pm to Redland City Council library members. *Yourtutor* connects students with tutors for one-on-one help with maths, English, science, research and study skills. Go to <https://connect.yourtutor.com.au/list.aspx>, select "Libraries", then "QLD", then "Redland Libraries".

Redland City Council website

PATHWAYS FOR YOUTH

The Youth Pathways program aims to help young people at-risk of not making a smooth transition through school to year 12 or its equivalent. Youth Pathways consultants interact with participants on a one-to-one basis, beginning with an individual assessment to identify the young person's barriers to making a successful transition. Then together, the consultant and young person develop a transition plan with strategies to address these barriers. Youth Pathways then helps the individual to achieve the actions outlined in the transition plan, as well as providing ongoing support and guidance as they progress through education/training and beyond. Contact your local Youth Pathways consultant:

Cleveland & Victoria Point High Schools

Mark Alberighi 0423 820 859
malberighi@boystown.com.au

Capalaba State College & Dunwich High School

Angela Brown 0434 608 496
abrown@boystown.com.au

Alexandra Hills & Wellington Point High Schools

Erika Beitzel 0418 103 840
ebeitzel@boystown.com.au

Centrelink clients / young people who have left school before completing Yr 12

Catriona Kucks 0401 139 147
ckucks@boystown.com.au

Angela Brown, BoysTown

IMMUNISATION CLINICS

Did you know that Redland City Council provides FREE immunisation to babies, children and students? Clinics are held at the Victoria Point Shopping Centre, Capalaba Customer Service Centre, and the Redland Performing Arts Centre in Cleveland, on a regular basis. For details of dates and times, pick up a brochure from Council's Customer Service Centres at Cleveland or Capalaba, or check out the website at: www.more2redlands.com.au/Life/communityhealth/Pages/Immunisation.aspx.

Emily Schmid, Redland City Council



SELF ESTEEM COURSE

Do you know any clients who could benefit from a boost to their self-esteem? Redland Community Centre is hosting a 6 week self-esteem course on Wednesday mornings, commencing 11 February. Cost is just \$25. For more information, call 3245 2117.

Christine van Didden, Redland Community Centre

MENTAL HEALTH OPEN DAY

You are invited to the Bayside Child & Youth Mental Health Service (CYMHS) Open Day!

Date: Tuesday 24 February

Time: 12.30-2.30pm (lunch provided!)

Where: CYMHS office – Redlands Health Service Centre (building before Redlands Hospital)

RSVP: Call Jessica Wright on 3488 3638 by Friday 20 February.

Come along and meet the team, enjoy lunch and learn a little about the service.

Bayside CYMHS flyer

Conferences & Training**FIGHTING FAIR**

Fighting Fair will hold introductory training in mediation and conflict resolution on 26 & 27 February at the Domestic Violence Resource Centre, Cnr Browning & Russell Sts, West End. Cost is \$320 (+GST), discounts for AASW members. Fighting Fair also offers in-house training, mediation facilitation and secondary consultations. Contact Scott on 0425 837 756 or see www.fightingfair.com.au for more.

Scott Dutton, Fighting Fair

COMMUNITY CENTRED CONFERENCE

The *Building Community Centred Economies Conference* will be held in Brisbane from 17-20 June 2009. The conference is aimed at community organisations and NGOs, large and small business, all spheres of government, academics, social enterprises and philanthropic trusts, writers, artists, community development practitioners, policy makers, and environmentalists just to name a few, from over 30 countries. For more information or to register check out: www.cdconference.com.au/index.php?content=1.

Rachael Uhr, LGAQ

MAKING PREVENTION WORK

The Australian Research Alliance for Children and Youth annual conference will focus on the theme of *Transforming Australia for our Children's Future: Making prevention work*. The conference will be held in Melbourne from 2-4 September. Visit www.aracyconference.org.au/index.php for details.

Rachael Uhr, LGAQ

ENGAGING WITH YOUNG REFUGEES

Lifeline Brisbane, ACCES Services Inc and Multilink present *Making My Living*, a workshop to help service providers to effectively engage with young people from a refugee background. This two day course will be held in Logan on 5 & 6 February, and on the Gold Coast on 19 & 20 February. To register your interest in this free training, contact Chris on 3442 1559 or chris.chicoteau@lccq.org.au.

YANQ

ALTERNATIVES TO VIOLENCE

The Alternatives to Violence Project Qld Inc (AVPQ) offers low-cost workshops to help explore and build community, communication and nonviolent ways of working with conflict. Participants may choose to go on and become a facilitator of other people's learning. The training calendar for '09 is as follows:

31 Jan – 1 Feb:	Level 3
7-8 March:	Level 1
28-29 March:	Level 2
25-26 April:	Level 3
27-28 June:	Level 1
25-26 July:	Level 1
26-27 Sept:	Level 2
21-22 Nov:	Level 3

All 2009 workshops will be held at the Valley PCYC, 458 Wickham Street, Fortitude Valley. For more information or bookings, contact 3286 2593 or admin@avpq.org.au.

Heather Milhouse, AVPQ

Information & Resources**SKIRTING THE RULES ON ALCOPOPS**

A new drink that looks like a vodka mix but is actually a mutant beer is raising some concerns. Colourless and citrus flavoured, Smirnoff Platinum contains 6% alcohol, yet retails for a lot less than "alcopops" because it avoids the tax on pre-mixed spirits because it is beer based. Full story at:

www.news.com.au/story/0,27574,24930530-421,00.html.

www.news.com.au

SAFER INTERNET DAY

Safer Internet Day is an annual international event, to be held on Tuesday 10 February in 2009. This year the focus is on social networking and cyber bullying. For more info, email cybersafety@acma.gov.au; for copies of internet safety resources please call 1800 880 176.



Shane Smith, Redland City Council

EDUCATION AND DISABILITY

Education for Children with a Disability - a guide for parents is a new online resource produced by the Department of Education, Training and The Arts. The guide provides a broad understanding of the support available for children and young people with a disability in the state school sector, including:

- schooling for children with a disability in Queensland;
- the specialised support available to students with a disability;
- what you can do to get the best outcomes for your child.

For more information or to download your copy, see <http://education.qld.gov.au/student-services/learning/disability/parentguide/>.

YANQ

SCHOOL'S OUT!

School's Out! Youth Services specialises in programs for young men and boys, and has now launched programs and presentations for young women and girls; and programs for all! School's Out! also offers a consultation service, working with your agency to develop local service initiatives such as school-based programs, youth forums and other special events. For more information, please visit www.schoolsout.net.au, or to request a free 2009 Information Kit please call 0411 215 292.

Michael Colling, School's Out!

DEALING WITH JOB LOSS

In light of the current economy, *Taking Care of Yourself after Retrenchment or Financial Loss* is bound to become a valuable resource. Produced by *Beyondblue*, the National Depression Initiative, this 23 page booklet contains practical tips and details about where to get help. Download or order copies at: www.beyondblue.org.au/index.aspx?link_id=4.1092

Auseinet Alert

Youth Opportunities

WORLD OF DIFFERENCE PROGRAM

The Vodafone Australia Foundation is looking for Living Donors to take part in the 2009 World of Difference Program. While you donate all of yourself to the charity of your choice for a year, Vodafone will pay you a salary of up to \$50,000 and cover \$25,000 in related expenses! Interested? See <http://vodafone.com.au/personal/aboutvodafone/worldofdifference/index.htm> for more. Hurry, applications close Friday 6 February.

Kara Mansley, Redland City Council

CRIME STOPPERS YOUTH CHALLENGE

The Crime Stoppers Youth Challenge Queensland is an educational competition-based program for Years 6-12, available to schools and youth organisations. Participants will develop knowledge and understanding of Crime Stoppers, the context of crime and its impact within their community, then offer creative and practical solutions and demonstrate what they can do to help make their community safer. Groups may present the topic and recommendations in any format they choose: short film, PowerPoint, board game, poster, short story, comic ... the sky's the limit! In 2009 the topic is *Stop Youth Violence*. Great cash prizes to be won! See www.crimestoppersyouth.com.au for more.

Crime Stoppers brochure

WHAT IS FEBFAST?

FebFast is a community education and awareness campaign that invites people to sacrifice their alcohol intake during February, and at the same time raise funds to support organisations working to reduce alcohol and other drug related harms in young people. Participants are sponsored by friends & family, with funds distributed to organisations that support young people struggling with substance use. It's as simple as visiting the FebFast website and registering (full registration costs \$25; concession rate is \$10), then building your own personalised online fundraising page. Find out more at www.febfast.com.au.



QCOSS

INDIGENOUS LEADERSHIP COURSES

Do you know any Aboriginal and Torres Strait Islander people active in Indigenous affairs in community organisations, Indigenous centres at tertiary institutions, government departments or the private sector? Then they are eligible to apply for a Certificate IV in Indigenous Leadership Courses. Successful applicants must attend both residential components:

- Residential # 1: 2-8 April, Dubbo NSW
- Residential # 2: 26-31 May, Townsville, QLD

The closing date for this course is 16 February 2009. For further information, including application forms, see www.indigenousleadership.org.au or call (02) 6251 5770.

Ross Kelly, Career Employment Australia



Grants & Funding

REDLANDS RSL GRANTS

The Redlands RSL Charitable Trust Grants program offers funding of between \$1,000 and \$5,000 to help not-for-profit organisations to buy tangible small equipment items to help volunteers and organisations; cover costs such as club sporting equipment, training of volunteers; provide computers, printers and office supplies used within the organisation. Applications close 27 February; forms available at www.redlandsrsl.com.au/charitable+trust+grants+program.aspx or from Redlands RSL HQ, 1-11 Passage Street, Cleveland.

Redlands RSL website

COMMUNITY DEVELOPMENT GRANTS

It's grants time! Community organisations serving the local area can apply for up to \$3000, to fund resources, projects and activities. Applicants are **strongly encouraged** to attend a grants workshop:

Southern Moreton Bay Islands - Macleay Island Community Centre
Monday 2 March from 1pm to 3pm

Capalaba - Capalaba Place (main hall)
Thursday 5 March from 1pm to 3pm

Cleveland - Redlands Community Cultural Centre
Friday 6 March from 10am to 12pm

Victoria Point - Victoria Point Community Hall
Tuesday 10 March from 7pm to 9pm

Bookings essential! Call 3829 8489 to reserve your place, or for an application form. Applications close 4.30pm on Thursday 30 April 2009.

Janet Camilleri, Redland City Council

HEALTHY QLD AWARDS

The Healthy Queensland Awards aim to recognise and reward communities, schools and workplaces for the great work they're doing to improve the health of those who live, work, learn and play in their area. Prize money of \$1 million for communities, \$500,000 for schools and \$100,000 for workplaces is up for grabs in this new, state-wide competition. Prize money goes back into the winning community towards "healthy infrastructure" which could be, for example, a walking or cycling path, sporting equipment, kitchen facilities for a workplace or programs that promote healthy lifestyles. Entries close 27 March 2009. For more, contact 3252 2886 or hqa@kabq.org.au or visit www.keepaustraliabeautiful.org.au/qld.

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Research & Reports

KIDS ONLINE

Taken Out of Context: American Teen Sociality in Networked Publics presents research about young people's use of the internet, particularly networking sites like Facebook and MySpace. Read more at: www.danah.org/papers/TakenOutOfContext.pdf.

Rachael Uhr, LGAQ

SNAPSHOT REPORT

Snapshot 2008: Children and young people in Queensland examines the safety and wellbeing of Queensland youngsters, covering topics such as health, disability, mortality, child protection, drug use and homelessness. Full text at www.ccyqpcg.qld.gov.au/about/publications/snapShot08.html.

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PREDICTING THE FUTURE

Youth and the Future: effective youth services for the year 2015 predicts future needs based on recent trends in population, education, employment and unemployment, incomes, family and household structure, health, crime and justice. Read more at www.dest.gov.au/sectors/youth/programmes_funding/nyars/youth_and_the_future.htm.



Rachael Uhr, LGAQ

LONGITUDINAL SURVEYS

The Longitudinal Surveys of Australian Youth (LSAY) website has been launched, to centralise data and research about young peoples' transitions from school on to work and further study. Check it out at www.lsay.edu.au,

YANQ

VIOLENT IMPACT

A new report, *An Assault on Our Future: the impact of violence on young people and their relationships*, has found:

- One in seven teenage boys think it's OK to make a girl have sex, if she has been flirting with them;
- One in three young people had witnessed their fathers being violent towards their mothers;
- One in every three boys believe it is not a "big deal to hit a girl".

To read the full story, go to:

www.abc.net.au/news/stories/2008/11/17/2421195.htm.

Auseinet Alert



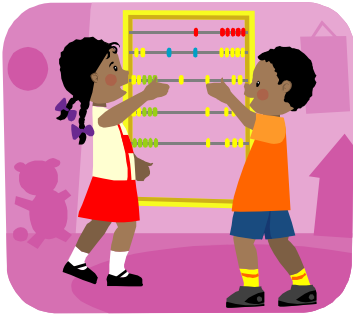
DEPRESSION & YOUNG WOMEN

According to a new Women's Health Australia study, young Australian women (28-33) are in poorer mental health than previous generations, with almost one in five reporting a diagnosis of depression by a doctor.

Read more at: www.news.com.au/story/0,27574,24812767-421,00.html.

www.news.com.au

CHILDREN IN CARE



Over the last decade, the number of children in out-of-home care in Australia rose by almost 115%, from around 14,500 children in 1998 to 31,166 children in 2008, according to a new report from the Australian Institute of

Health and Welfare (AIHW). Aboriginal and Torres Strait Islander children continue to be over-represented, with the overall rate of Indigenous children in out-of-home care at almost nine times the rate of other children. Full report available at www.aihw.gov.au/publications/index.cfm/title/10687.

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Feedback Wanted

POLICE MOVE-ON POWERS

Queensland's Police Move-on Powers are to be reviewed. To find out more including how this could impact on young people, or if you would like to provide feedback about young people's experiences, please visit www.yanq.org.au/content/view/1500/52/.

Deadline for feedback to YANQ is 13 February.

David Powell, YANQ

COMMUNITY SECTOR SURVEY

What is REALLY happening in the community sector? Here's your opportunity to have your say! Take the survey at www.acossweb.org.au/survey9/. **Hurry, closes 2 February.** Check out the results of last year's Australian Community Survey report at www.acoss.org.au/upload/publications/papers/4420/Paper%20154%20ACSS%202008.pdf. The section on Queensland is particularly worth a read.

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Next RYN Meeting

DAY: Monday 16 February

TIME: 3 to 4.30pm

PLACE: Redland Community Centre
29 Loraine Street Capalaba

RSVP: janet.camilleri@redland.qld.gov.au or
phone 3829 8489