

Bulletin

BIMONTHLY NEWSLETTER OF THE REDLANDS INTERAGENCY NETWORK

MEETING REPORT

Venue: Redlands Community Cultural Centre
Date: Friday 28 November 2008, 9.30-11.30am

Attendance:

Pamela Doherty, Redland City Council
Dawn Montgomery, Boystown Mentor One
Di Fletcher, BABI Youth and Family Services
Margaret Saunders, Department of Child Safety
Wendy Kane, Prescare Community Care
Katie Summers, Open Minds Bayside
Chris Chicoteau, Lifeline Brisbane
Andrew Green, The Smith Family
Celia Settgast, St Vincent de Paul Society
Janey Kyle-Scott, Civic Solutions
Lillian Flanagan, InSync Youth Services
Susan Denne, BlueCare Redland
Peter Mann, Spiritus Bayside
Anne Whitla, Lifeline Capalaba
Shirley Cameron-Kirk, Cleveland Meals on Wheels
Bob Radley, Cleveland National Seniors
Rosanne Partlin, Older Mens Wellbeing Groups
Lisa Schmeck, Older Mens Wellbeing Groups
Ted Weaver, Older Mens Wellbeing Groups
Jim Thiedeman, Older Mens Wellbeing Groups
Tamee Tomkins, Womens Wellbeing Group
Amanda Burns, Womens Wellbeing Group
Troy Hakala, Family Relationship Centre Mt Gravatt
Susan Russell, RDCOTA
Dianne Seidel, Mangrove Housing Association
John English MP, State Member for Redlands
Phil Weightman MP, State Member for Cleveland
Stephanie Snow, Department of Housing
Letitia Bouloukos, Redland City Council
Barbara Goodwin, FIRST
Margaret Kostowski, Redland Community Centre
Mike Tarlo, Circle of Men
Washuntara, Circle of Men
Debbie Morgan, Redland Bayside Child & Family Support Hub

Apologies:

Lynne Blighton, Department of Communities
Elisabeth Lord, University of Queensland
Claudia Cunningham, Metropolitan South Institute of TAFE
Maria de Guzman, Bayside Community Legal Service
Rod Carter, Redland Seniors Action Group
Carol Brough, Redlands Fellowship Community Church
Rosemary Skelly, Bay FM
Neia Wong, Civic Solutions
Sharon Reynolds, Open Minds Bayside
Julie Etchells, Department of Child Safety
Marika Steel, Maybanke Accommodation & Crisis Support Services
Christine Gilbert, BABI Youth & Family Services
Sally Woodford, Department of Housing

*Newsletter prepared by Janet Camilleri
3829 8489 / janet.camilleri@redland.qld.gov.au*

LOCAL NEWS

NEW PHONE NUMBER

Time to update your address book - Lifeline Counselling Centre at Capalaba has a new contact number. The new phone number is 3823 9400, however the fax number remains the same (3823 2544).



Narelle King, Lifeline

LOCAL TRAINING AND DEVELOPMENT

Cleveland based GTP Training and Consultancy provides creative learning, development and employee assistance solutions for the non-profit, private and public sector, including:

- Staff development through customised training and workshops
- Project consultancy for organisation development
- Workplace psychology for all employee/employer assistance programs
- Workplace and relationship dispute resolution services

GTP can talk to you about your needs and customise support that suits you and your organisation. Please contact 3286 9335 or info@gtptrainingandconsultancy.com to find out how GTP can help you.

Rebecca Tidey, GTP

BACK TO WORK

Horizon Specialised Training offers funded targeted assistance for people with a disability, injury or illness, unemployed or returning to the workforce. The structured six week program covers preparing for work and gaining skills and nationally recognised qualifications, as well as industry placement. The next course commences on Tuesday 3 March, with another kicking off on 5 May. For enquiries, please contact 3245 3452.

*Vanessa Koszyk,
Horizon Specialised Training*

*Community Development
Redland City Council*

DEALING WITH DOMESTIC VIOLENCE

"Next Steps" is an 8 week group program for women affected by domestic and family violence, with the next session to commence on 17 February. Please refer any women who you think might benefit from this program, by calling 3823 9400.

When: Tuesdays 9.30am – 12.00pm

Where: 29 Loraine Street, Capalaba

Other programs on offer include "Ongoing Steps", a fortnightly group for those who complete "Next Steps"; and "Small Steps", an 8 week program for children who have experienced domestic/family violence.

Narelle King, Lifeline

NO INTEREST LOANS IN REDLANDS

The Redland Community Centre is delighted to announce that it has received funding to start a No Interest Loans Scheme for low income families. The Scheme will enable clients to access a small loan of between \$800 - \$1200 to purchase whitegoods, furniture, appliances and similar, and will commence later this year. Contact the Community Centre on 3245 2117.

Redland Community Centre newsletter

GRANTS & FUNDING

SMALL GRANTS ARE COMING!

If your organisation or group is looking for funding of up to \$3000 for equipment, resources, new projects or initiatives, applications for the Council's Community Development Grants program will open in February 2009. The application form will be available for download at www.redland.qld.gov.au under "Hot Topics", or you can pick one up from Council Customer Service Centres at Cleveland and Capalaba, or call 3829 8489 to have one sent out. Closing date for applications is 30 April 2009.

Janet Camilleri, Redland City Council

INFORMATION & RESOURCES

BREASTSCREEN QLD

BreastScreen Qld provides FREE breast cancer screening & assessment services to all women 40+. Women aged 50-69 are particularly encouraged to attend, as this is the age group where screening is most effective. The Health Promotion Officer is available to speak free of charge to community and workplace groups upon request – call Carolyn on 3275 6781 or email Carolyn.brown@health.qld.gov.au. To book an appointment for a breast cancer screening, call 13 20 50.

Carolyn Brown, Qld Health

HOW TO GET THAT JOB!

The "Getting Out & Getting Started" program is FREE for parents or carers returning to work, as well as people unemployed for 12 months or more; from a non-English speaking / Aboriginal or Torres Strait Islander background; over 45; or facing major employment barriers. Training is at Murarrie (across the road from the train station) and includes assistance in searching for and gaining employment in the field of choice. Contact Civic Solutions on 3347 9000 to find out more.

Janey Kyle-Scott, Civic Solutions

STROKE SUPPORT

The Stroke Association of Queensland has a NEW Stroke Support Line – call 1300 753 787 for the cost of a local call.

Lindy, Stroke Association of Queensland

NO INTEREST LOANS SCHEME

St Vincent de Paul offers a hand up, not a handout, with the No Interest Loans Scheme, helping people on low incomes to purchase essential household items (eg whitegoods). Contact the St Vincent de Paul Support Centre on 3217 3700 to find out more.

St Vincent de Paul brochure

COMPUTERS 4 KIDS

Computers 4 Kids is a project administered by the Rotary Club of Nundah on behalf of Rotary Clubs throughout Qld and northern NSW. C4K refurbishes PCs from corporate, government and private donors and sells them to organisations working with disadvantaged people for just \$50 (to cover licences). You are invited to offer these quality computers that come complete with Microsoft 2000 to your clients (includes monitor, keyboard, mouse etc). Either your organisation or the client themselves are welcome to cover the fee. Find out more at www.computers4kids.com.au, or call Chris on 3165 4600.

SILVER MEMORIES

Silver Memories is a free, unique 24 hour a day radio service designed to address the needs of socially and emotionally isolated older Australians including those living in Residential Care. Listeners enjoy music and radio shows from the 1920s to the 1950s as well as information on health and wellness, and can be actively involved by submitting memories, information and anecdotes for broadcast. Silver Memories is only available via a radio receiver tuned to the Silver Memories frequency, so if you know someone 60+, interested in participating in a 3 month evaluation of the program, please contact Linda on 3346 9226 or l.moran1@uq.edu.au.

Linda Moran, Australasian Centre of Ageing



FREE ADMIN HELP!

Would you like a free pair of admin hands? The hunt is on for not-for-profit, community organisations to host a placement for the 15 week admin work project starting in March. That's right – you get admin help at no cost, four days per week for 15 weeks! Call Janey on 3347 9000 or j.kyle-scott@civicsolutions.com.au.

Janey Kyle-Scott, Civic Solutions

CONFERENCES & TRAINING

THE POWER OF PLAY

The *Early Intervention Through Playgroup Conference* will be held at the Bardon Conference Centre on 6 March 2009. Cost for community, government and private sector organisations is \$195, Playgroup Queensland organisational members \$155. Lunch, morning and afternoon tea included. Call 1800 171 882 or visit www.playgroupaustralia.com.au/qld for more.



*Debbie Morgan, Redland-Bayside
Child & Family Support Hub*

LIGHTHOUSE RESOURCES TRAINING

The Lighthouse Resources 2009 training calendar is now online at www.lighthouseresources.com.au/training.asp.

Donna Nisbet, Lighthouse Resources

LIFELINE CONFERENCE

The Lifeline Australia national conference in Canberra (11 & 12 March) will be of interest to workers in the mental health sector, especially phone / web based support services. More at www.lifeline.org.au/conference09.

YANQ

FOR MANAGEMENT COMMITTEES

The Gold Coast/Redlands Skill Development Network presents a Management Committee Skills Workshop.

Date: Tuesday 17 March, 2009
Place: Housing Co-Op, 18 Welsby Street, Dunwich, North Stradbroke Island
Cost: \$20 per person for target group (community organisations) which includes catering.

The morning session (10am - 12 pm) is aimed at NEW management committee members, while the afternoon (12.30 - 3.00pm) is for ALL committee members. For more information, please contact Anna on 3234 1680.

*Anna Pretorius, Health & Community
Services Workforce Council*

DATE CLAIMER

If you are keen to have input into the 2009/2010 training program for the Gold Coast/Redlands Skills Development Network, then mark this date in your diary!

Date: Friday 13 February, 9am – 12 midday
Place: Niensens Room, Palm Meadows Golf Club, (opp the Radisson), Palm Meadows Drive, Palm Meadows.
Call the ISD Project Team on 3234 1680 to find out more.

Karen O'Donohue, InSync

RESEARCH AND REPORTS

OUT AND ABOUT SOCIAL GROUP

The Queensland Association for Healthy Communities is reviewing its lesbian, gay, bisexual & transgender social group, called *Out and About*. If your organisation has ever heard of *Out and About*, you are invited to complete the online survey at: www.surveymonkey.com/s.aspx?sm=UzGmTmFuUn1cqvwzxB2qrUw_3d_3d.

Anthony Peet, Qld Health

DRUG STRATEGY REPORT

The Australian Institute of Health and Welfare has released a report analysing the 2007 National Drug Strategy Household Survey. More at www.aihw.gov.au/mediacentre/2008/mr20081218.cfm.
QCOSS

WOMEN & HOMELESSNESS

A new report claims that homelessness in single women over 35 will escalate in the next 20 years, and that support services often turn these women away because they are considered a "low-risk" group. To find out more, download *Going It Alone* at www.sisr.net.
QCOSS

TARGETING PND

A research project being conducted at four hospitals in Queensland and Western Australia aims to reduce the incidence of post-natal depression (PND). It is thought that PND may often be triggered by a traumatic birth, and midwife-led intervention may be a key in improving pregnancy & post birth care. To read a transcript of ABC's *Stateline* report, go to: www.abc.net.au/stateline/qld/content/2006/s2419197.htm.
Auseinet Alert

SEXUAL ASSAULT SUPPORT

Responding to Young People Disclosing Sexual Assault is a report on young people's experiences, the barriers to and process of disclosure, what individuals and schools can do to support somebody who has disclosed, and why it is so important to provide positive and supportive responses. The full report is available from: <http://tinyurl.com/64nvad>.
YANQ

NEXT RIN MEETING

Date: Friday 30 January 2009
Time: 9.30 – 11.30 am
Venue: The Gallery, Redlands Community Cultural Centre, Middle Street Cleveland (opp Police Station).
RSVP: Please RSVP to Janet on 3829 8489 or janet.camilleri@redland.qld.gov.au.

Nothing truly valuable arises from ambition or from a mere sense of duty; it stems rather from love and devotion towards men and towards objective things.

Albert Einstein